

CLIENT COACHING AGREEMENT

Date _____

Client Name _____ **Coach** _____

This document reflects the main points that we have agreed between us in a coaching session.

The intention of this agreement is to strengthen the possibility of success for you to develop and fulfil your own learning, effectiveness, choice, fulfilment, recovery and wellness.

We have agreed as follows:

Boundaries - We have agreed some boundaries between us which as far as we can we agree to not step across without checking with each other. They are:

Permissions – We have talked through and agreed some permissions between us. They are:

I have your permission to.....

You have my permission to.....

Non Negotiable - We have talked about what we agree are non-negotiable issues and have agreed that they are:

Commitments - So that we may more clearly and powerfully work together we have agreed some commitments to the coaching as follows:

Made by you the client

Made by me the coach

Confidentiality - The contents of our coaching sessions and communications are bound by client – coach confidentiality. All information is held as confidential by me and will not be shared with any other person or organisation without your permission.

Referring - We agree that it may be useful and advisable for you to seek services and support from other professionals to support your growth and change. We agree that I, your coach, have permission to offer to refer you to services from time to time.

Style of Coaching - We have explored how you feel you like to be approached and interacted with at the time of this agreement and, although this may change, for now we have agreed as follows:

As the client I prefer to be approached and interacted with in the following ways:

Duration and Payment - Unless otherwise or previously agreed we have decided as follows:

- We started coaching on _____ and we have agreed to continue for _____ months/weeks
- We have agreed that we will meet _____ times a month until the period is up.
- The fee per session will be _____ or part thereof. (delete if not relevant)
- One session before the end date above we will revisit the coaching and continue on a basis to be mutually agreed at that time.
- We have agreed to meet either in person or via the telephone or other communication platform e.g skype.
- The client and coach agree to provide each other with fourteen-day notice in the event either wishes to cancel further services.
- Both of us are clear and agree that the service that I the coach am providing is coaching which is not advice, therapy or counselling.
- The coaching fees are payable by _____ (delete if not relevant)
(put source of fees here)
- You agree that fees are payable _____ . (delete if not relevant)
(put how fees to be paid here)

Other issues - Here we have recorded any other agreements that have been entered into between us that do not readily fall into the categories above

These agreements are of course subject to change and either of us may ask for some time to be taken in a coaching session to revisit these agreements and change them by mutual consent. In that instance we agree that we will revise this agreement as we agree is necessary.

Signed:

Client (you) _____ Date: _____

Coach (me) _____ Date: _____