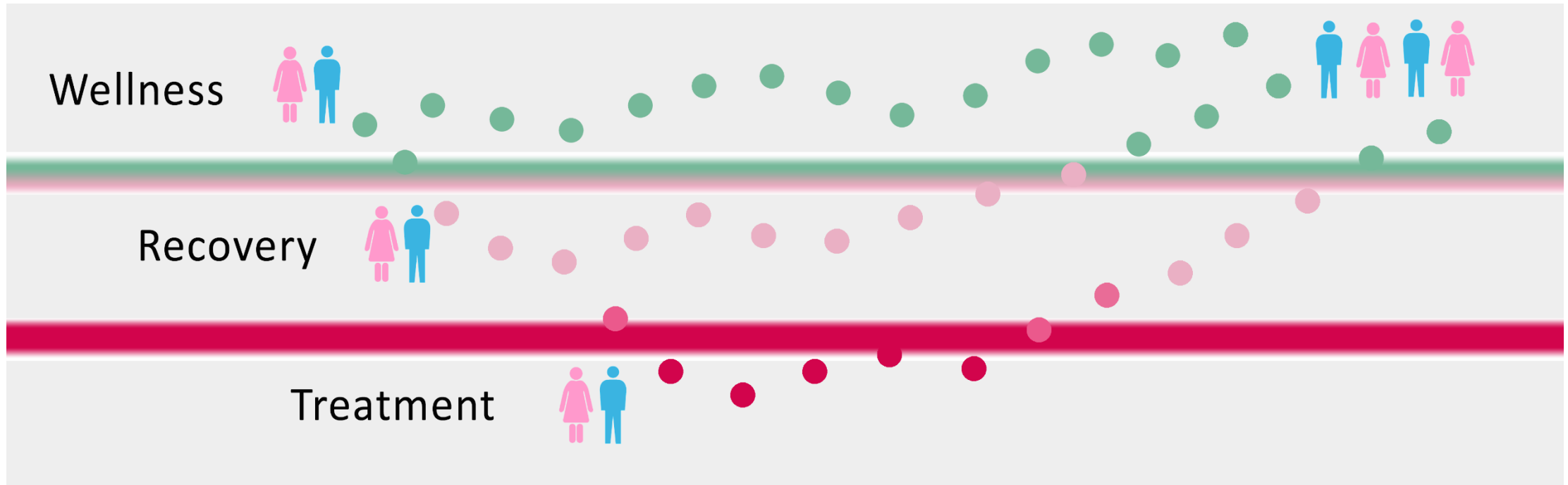
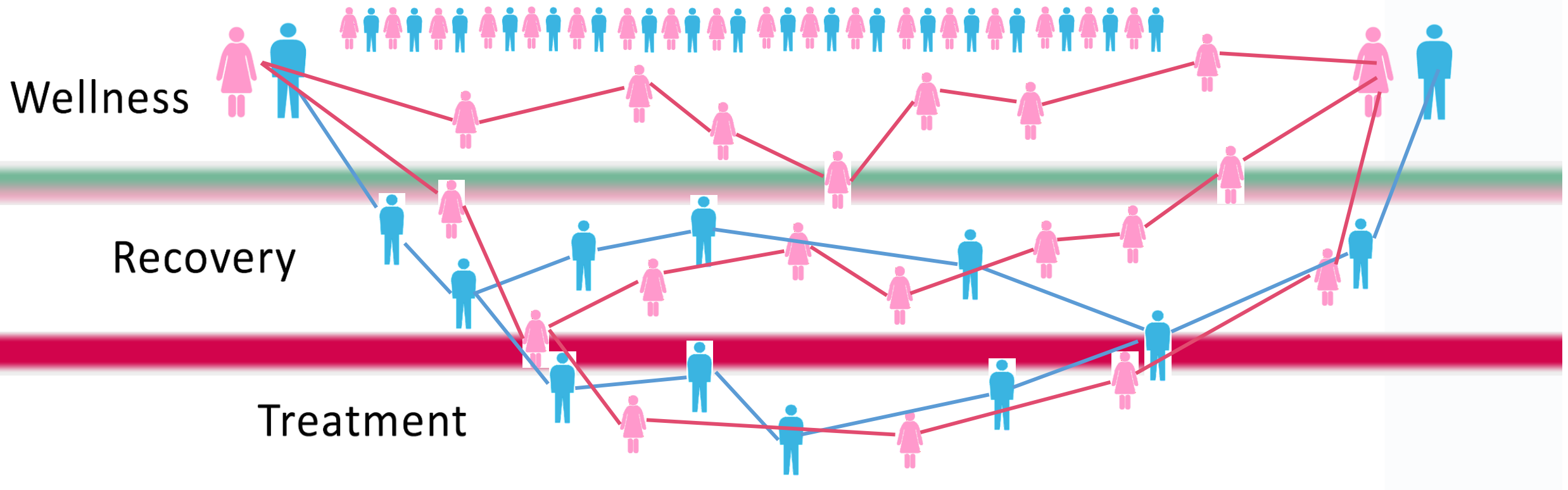


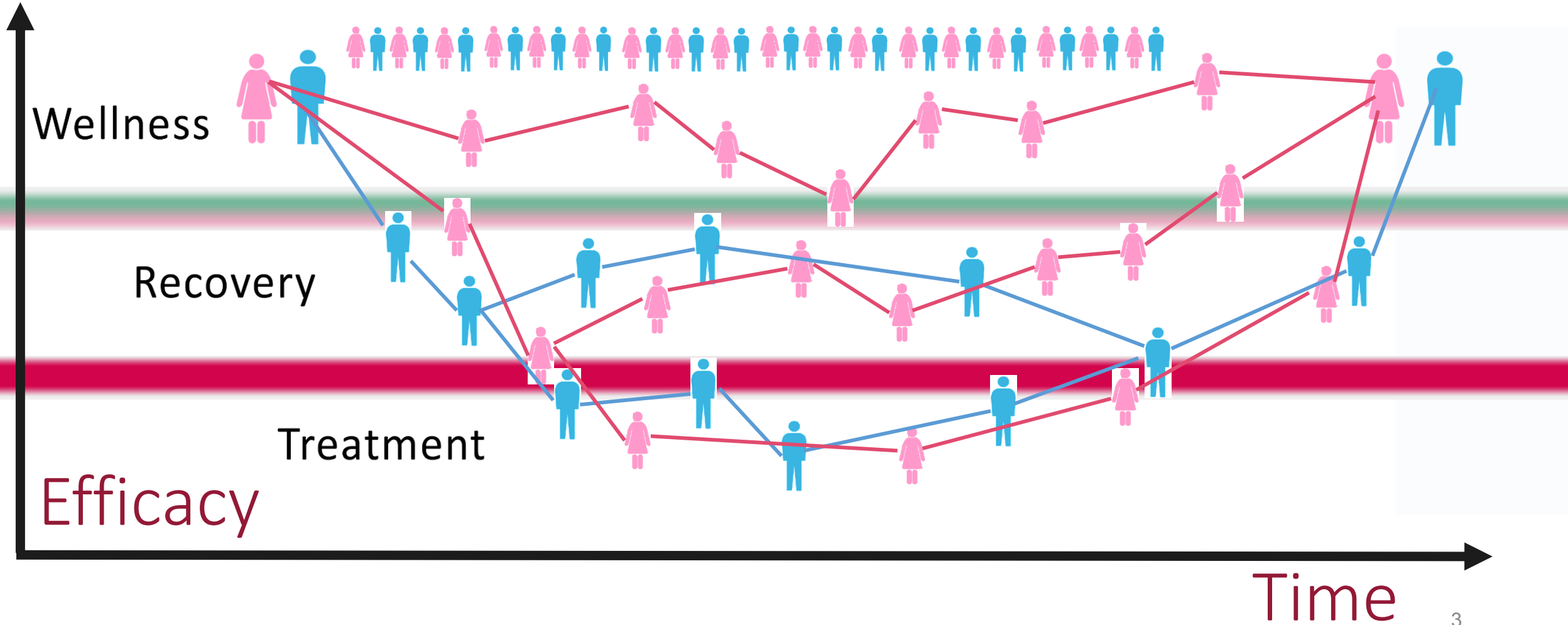
# 1 The 3 areas



# 2 Variety of pathways



# 3 Individual Efficacy

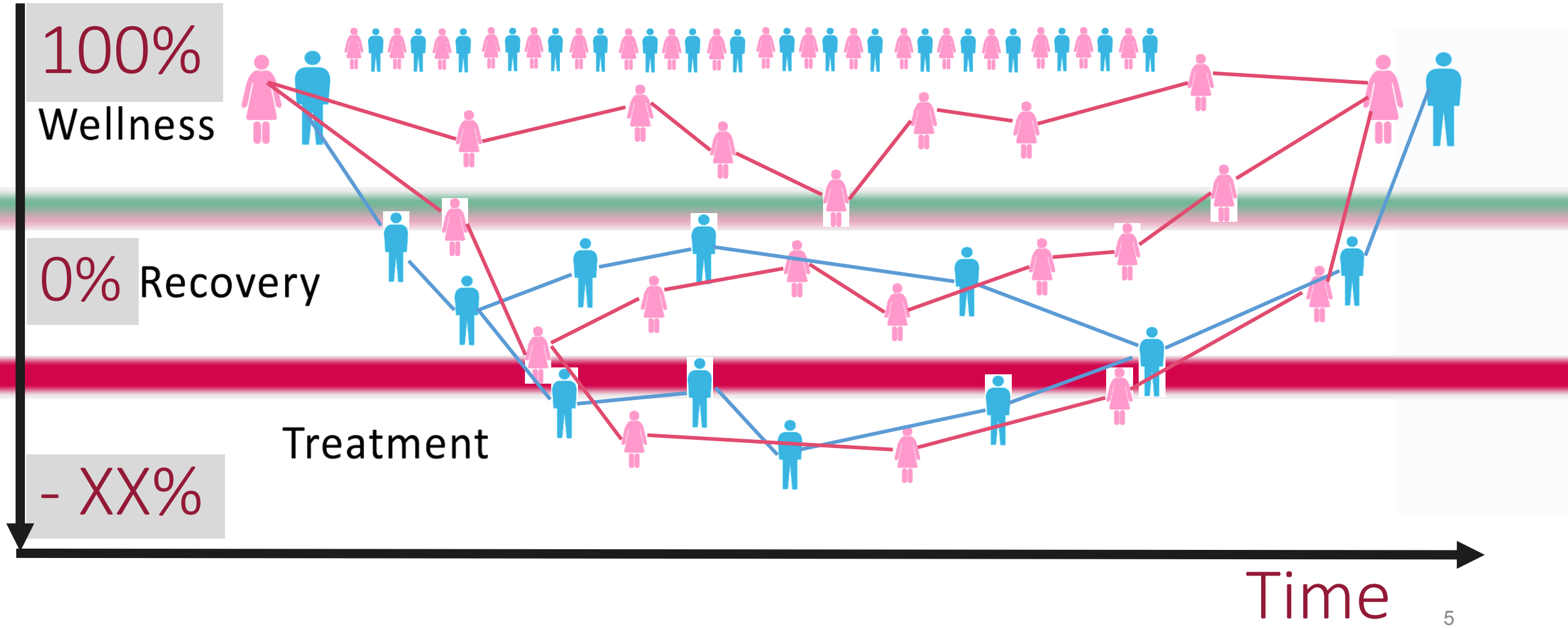


# 4 Wellness Programmes:

some assumptions and approaches

1. Individuals respond to knowledge sufficiently to create desired behaviour change
2. Rewards are a primary motivation
3. Place emphasis on wellness behaviours as opposed to recovery behaviours
4. Any development of illness is a medical problem
5. The individual workforce employee is usually the only consideration
6. That the programme will provide benefit for all

# 5 Productivity (resilience, innovation, creativity etc)



# 6 Productivity – Employee Value

